

Tommy-Equipment Physical Therapists Use

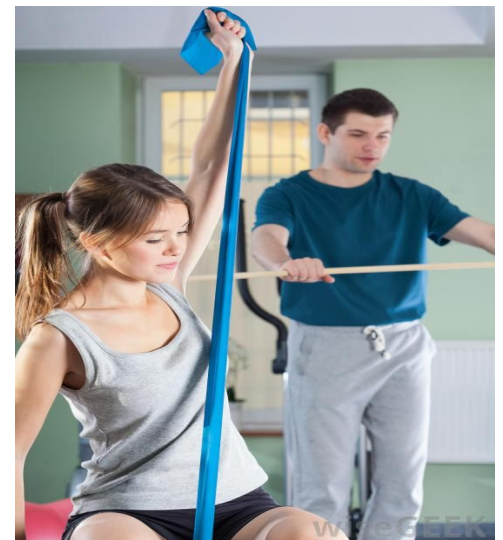
NordicTrack Classic Pro Skier- A tool for helping patients develop strength, stamina, and coordination. It works both the arms and the legs out. The intensity of the workout is also adjustable, to match the patient's needs.



Ultrasound therapy- Ultrasound therapy can be used to treat many different injuries: ligament injuries and sprains, strains and tears of the muscle, tendonitis and tightness or contracting of the joints.



Isokinetic- Isokinetic devices are great for helping patients build strength or recover from accidents that caused loss of muscle mass. They can also assist with flexibility when you apply resistance during stretching exercises.



Electric Muscle Stimulation- Electrical muscle stimulation is mainly used after an accident or severe injury to help gain back muscle growth and fight off muscular atrophy.

