

Equipment for a Physical Therapist

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- *A physical therapist's main goal is to increase the ability of motion for the body. They help reduce pain, restore mobility, and prevent disability. Physical therapists are essential in the health care business.*



This is a treatment table. Treatment tables are a must have in a rehabilitation center. Patients should be able to sit comfortably on the table in a variety of different ways so the PT can administer treatments easily.



Exercise balls are another essential in a rehabilitation center. Physical therapists use exercise balls to increase the flexibility of their patients and to also reduce pain.



Exercise bikes are used by physical therapists to help reduce pain for their patients. It helps many athletes and non-athletes to get back to their everyday activities.



Resistance bands are used by physical therapists to help increase flexibility, range of motion, and strength of a patient.



Ice packs are used in physical therapist's offices and hospitals for various different uses, and are one of the most essential tools of a physical therapists inventory.



Hydrotherapy baths are used in physical therapist's offices to help rehabilitate their patients by using hot or cold water, soothing and healing the muscles.



Athletic tape is used in various different ways in a physical therapist's office. It is one of the most essential items to have, and is arguably the most used.