

## Boot Camp



Boot Camp will train everyone that enters using rigorous physical activities that help train the body and mind. The camp will teach you of what will be required of you in the military. Before you enter this boot camp, the camp recommends that you train yourself by doing cardio, so when you finally join the boot camp nothing will be too hard. The camp offers every type of branch training that there is from the Marine corps to the Navy and Coast guard. When going into this boot camp you need to make sure you are ready because it is no easy task. This camp is an excellent way to prepare yourself for actual military needs

**Works Cited**

Today's Military, Boot Camp, <http://todaysmilitary.com/training/boot-camp> (12/1/16)