

Navy Boot Camp

Navy Boot camp is where future sailors are taught the very basic things like how to stand a watch, wear a uniform, clean and fold a uniform, and shine their boots. First we have to go through all our physical stuff about what kind of health we are in, get shots, and take a drug tests. After that we are fitted for our gear and uniforms and clothing. We also have a swim test and a physical fitness test to pass. The physical fitness test consists of 50 push ups in 2 minutes, 50 sit ups in 2 minutes, and a 1.5 mile run in 12 minutes. Then there is weapons training. We are trained on a shotgun and the 9mil. There is the confidence chamber where we will be tear gassed and have to say or name ranks and rates while under its effects. There is also just regular testing on knowledge throughout boot camp. We are trained in fighting fires on board ships and controlling flooding too. Ultimately, everything is put together into a 12 hour long test through the night on a destroyer where they simulate various situations and the recruits have to react with on their training as the RDC's will only be observing not assisting or even giving instructions. All this is done at Great Lakes, Illinois.



Work Cited

Was presented to us at last DEP meeting Information from Navy Recruit Training Command