

Nurse Practitioner Equipment:



Stethoscope:

Is used for listening to sounds produced by the body. It is mainly used to listen to the lungs, heart, and intestinal tract. Place the bell on the upper part of the chest, then the midclavicular line of the chest, and then the bottom part of the chest. Then compare all sides of your patient's lungs and note if anything is abnormal.



Blood Pressure Cuff:

Is used to take blood pressure. Wrap the cuff around the upper arm with the cuff's lower edge one inch above the elbow pit. Lightly press the stethoscope bell over the brachial artery just below the cuff edge. Inflate the cuff to 180 mmHg.



Thermometer:

Is used for measuring human body temperature. The tip of the thermometer is inserted into the mouth under the tongue, under the armpit, or into the anus. The normal body temperature is 98.6 °F (37 °C).

Syringes:

Is used to inject fluid into, or withdraw fluid from the body. Wipe the area of skin with an alcohol swab or a cotton ball dampened in alcohol. With the other hand, gently pinch up the skin around where you will give the shot. Insert the needle at a 45- to 90-degree angle.

Once the needle is in, let go of the skin. Pull back gently on the plunger of the syringe. Take the needle out of your skin. Do not recap the needle. Throw away the syringe and needle in a hard plastic or metal container.



Vacutainer:

Is used to collect blood samples in venipuncture, they are also used as urine collection tubes and as serum separator tubes.

